

ISI Endorsement
38502221



Niles Park District
8435 W. Ballard
Niles, IL 60714
Phone: 847-297-8010
Fax: 847-298-5768

**The Niles Park District IceLand
41st Annual
Sweetheart Open
ISI Team Competition
February 12 & 13, 2022**

**Entry Deadline
1-15-2022**



Participants Receive Awards For All Events Skated!

**Events are offered to all ages -
Tots through Adults**

**Also included are spiral, spin, couples interp,
NEW event, 4 Person Jump & Spin Teams, and of course
ENSEMBLE ON THE SPOT!**



November 2021

Dear Skaters, Parents, and Coaches,

The Niles Park District IceLand invites you to participate in the 41st Annual Sweetheart Open Team Competition. The Sweetheart Open Competition will be held on February 12 & 13, 2022 at Niles IceLand. All competitors will receive an award for each event skated as well as a competitor gift. We hope that you will support us in our endeavor by choosing to compete at the 41st Annual Sweetheart Open Competition.

We will do our best to communicate with all of competitors, coaches, and parents as Covid-19 restrictions will be in place during the event. Currently our facility is open with only a mask requirement in place. Whether you love technical, or artistic type events we have a place for you!

This year besides all the events you have come to know and love we have also added a NEW 4 person Jump and Spin Event. Please see page 7 for full details.

Enclosed is an information packet with entry forms and everything you need to know about registration, compulsory skills, event descriptions and judges. Applications and payment are due by Saturday January 15, 2022. All entries may be emailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, Il. 60714.

An initial competition schedule will be available no later than February 5, 2022. If you have any questions, please call Niles IceLand at 847-297-8010, and I will be happy to help you. The IceLand Staff looks forward to seeing you as a competitor in the 2022 Sweetheart Open.

Sincerely,
Amy Forbes
Skating Director
Niles IceLand
847-297-8010
Aforbes@niles-parks.org



DISTRICT 8 REFEREE PANEL

District 8 is proud to announce the continued success of the
District Referee Panel & Committee

Currently in its 10th season the goal of this panel continues to ensure the consistency and quality to all District 8 competitions by enforcing the ISI guidelines and procedures.

The members of this panel have gone through training endorsed by the ISI national office. Each referee is a current ISI professional member, gold certified judge, and ISI Certified Referee.

Each competition will be supplied with a referee for the duration of their competition to ensure quality judging and rule interpretation.

In order to continue supplying each competition with qualified individuals, an additional \$2 per competitor and \$15 per team is added to each entry fee to support this program. (Some competitions include this fee in their registration fee.)

Thank you for supporting the district's continued efforts to provide fair and positive experiences for all its skaters, parents and coaches.



Niles IceLand
41st Annual Sweetheart Open
February 12 & 13, 2022
Endorsed by the ISI
Endorsement Number:
38502221
Entries Due: 1/15/22

The Niles Park District with Niles IceLand would like to invite you to the Sweetheart Open Competition on February 12 & 13, 2022 at Niles IceLand, 8435 W. Ballard Rd. in Niles, Illinois.

Eligibility

Events are offered to all ages - Tots through Adults

The competition is open to all skaters who are individual members of the ISI. Skaters should enter in the highest level passed and must be registered with ISI by January 15, 2022. USFS skaters are encouraged to participate in the ISI Open Freestyle test levels.

Enter the registration number and test level (competition level) in the appropriate areas on the competition entry form. The skating director and skater's coach must verify the information with a signature at the bottom of the form. Incomplete or inaccurate forms will not be accepted.

Competitor's names and ISI numbers will be submitted to ISI prior to the competition.

Skaters cannot compete if tests are not registered and ISI memberships are not current.

Entry forms must be received by January 15, 2022. Niles IceLand reserves the right to limit the number of post entries. All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL. 60714.

NOTE: The competition will follow the new ISI Skaters and Coaches Handbook, the ISI Competitors Handbook and the ISI Judges Manual – Rule Revisions 2018 Edition, mandatory for all ISI competitors after September 1, 2018. Events are offered to all ages - Tots through Adults We suggest that you and your skaters refer to the current publications, which are available from the ISI Office, 6000 Custer Road, Building 9, Plano, Texas, 75023, phone 972-735-8800.

Performance Rules

All routines begin from a stationary position. The timing of a routine begins with ANY action after the music starts. There is a short warm-up before each division skates.

Judges and Coaches

In accordance to the ISI rules and regulations, ALL COACHES with participating skaters are REQUIRED to be ISI Professional Members. Any coach attending and/or signing a competitor's registration form is expected to judge and be certified to judge at the appropriate level. Only certified judges may judge at the 2022 Sweetheart Open Competition. It is the responsibility of each skating director or team coach to ensure that a judge is provided for no less than (2) hour judging assignments per 1-10 events from their facility. Team points will be deducted if this requirement is not fulfilled. The competition director reserves the right to deny access to the competition ice door and hospitality room without proper coaching and judging credentials. All attending coaches must be current ISI professional members. Coaches will be contacted for judging times. Team points will be deducted from those teams who do not provide appropriate judges.

Individual Entry Fees

All first event entries are \$65.00, each additional event will be the \$15 per additional event. More events, more fun! Spread Eagle Event, Stroking Event, and Spiral Event, \$10 when participating in a Leveled Solo Event or Open Freestyle Event . All competitors receive a gift.

Check-in and Registration

Skaters must register one hour before the scheduled program event. CDs must be brought to the registration table during check-in. CDs should be labeled with the skaters name and level and can be picked up at the registration table after the event. There should only be one track on each CD. Skaters should ALWAYS have back-up CDs on hand. The schedule will be sent to the home ice rink and posted online at www.learnertoskate.org

Points and Awards– Come with your team!

Participants in all events will earn participation and placement points for their home rink team. The team accumulating the most points will be the Overall Team Champion of our event. Niles IceLand is not eligible to win the team trophy. Awards can be picked-up at the awards table after the event results are posted. Team awards will be presented on the ice following the event. Tot events will be judged and placed accordingly however, all tots will receive a participation award.

Individual, Partner and Group events will receive 1 Participation Point per entry (not per skater) in addition to the Placement Points Below:

1st Place =	5 Points
2nd Place =	4 Points
3rd Place =	3 Points
4th Place =	2 Points
5th Place =	1 Point

Synchro Teams, Production Teams, and Team Compulsory, entries will receive 5 Participation Points plus the Placement Points below:

1st Place =	25 Points
2nd Place =	20 Points
3rd Place =	15 Points
4th Place =	10 Points
5th Place =	5 Points

Conversion Chart

Skaters must pass the ISI tests to compete in any ISI competition event. Skaters who have only passed the following USFS tests should refer to the ISI Conversion Chart as follows:

Pre-Preliminary—FS 3/Open Bronze
Preliminary—FS 4/Open Silver
Pre-Juvenile—FS 4/Open Silver
Juvenile—FS 6/Open Gold
Intermediate—FS 6/Open Gold
Novice—FS 8/Open Platinum
Junior & Senior—FS 8/Open Platinum
Adult Pre-Bronze—FS 2/Open Bronze
Adult Bronze—FS3/Open Bronze
Adult Silver—FS 4/Open Silver
Adult Gold—FS 5/Open Gold

Covid-19

Please read the current Covid-19 competition guidelines page. These will be subject to change based on the governors orders.



Covid-19 Guidelines as of time of publication 11-2021

UPDATED COVID/MASK GUIDELINES

UPDATED MASK GUIDELINES

August 23, 2021

MASKS REQUIRED INDOORS

Following updated guidance from the Cook County Department of Public Health, masks are required indoors for ALL individuals, regardless of vaccination status. We greatly appreciate your continued cooperation in adhering to public safety measures while visiting Niles Park District facilities.

Event Descriptions

Artistic

Skater performs a routine to music in which the emphasis is on strong edges, flow, choreography, innovative moves and music interpretation.

Footwork

Skaters perform footwork sequences of their own design to music.

Freestyle 1-10

A technical program routine to music with emphasis on the required test level maneuvers from the skater's current freestyle level.

Interpretive

Skaters listen to a selection of music while they mentally choreograph a routine to it. Emphasis is on the skater's ability to choreograph to music, not on the difficulty of the skating maneuvers performed.

Open Freestyle

This is a new Freestyle event category with no required maneuvers. Skaters should present a well-balanced program of jumps, spins, footwork and gliding maneuvers.

Pre-Alpha/Alpha/Beta/Gamma/Delta Solo

For these basic skills level programs, the skater performs a one-minute routine to music that emphasizes the required test level maneuvers from Pre-Alpha—Delta.

Special Skater 1-10

This category is for skaters of all ages who participate in the ISI Special Skater test program.

Figure 1- 10

Regular figures are based on the original "school" figure eights. Skaters perform a required figure patterns 3 times on each foot. Judging is based on the size & shape of the circles, cleanliness of edges & pattern. All skaters must pass the required figure test to compete in these events.

*See Figure page to see which pattern will be competed at each level.

Solo Free Dance 1-10

Skaters in the Solo Ice Dancing events must have the appropriate Ice Dancing tests passed and registered. The free Dance program should express the skaters' own inspiration and artistic capabilities.

Solo Compulsories (Tot-FS 10)

Three previously chosen maneuvers are performed in a mini-program with no music. Connecting steps are limited and not judged.

Solo Spotlight—Character

Individual skaters portray a famous, easily identifiable character through the use of music, costume, props (optional) and actions.

Solo Spotlight- Light Entertainment

Skaters entertain in a light, vaudeville fashion using music, costumes, (props optional), comedy, dance, and skating.

Tot 1-4 Solo (Skaters will be ranked.)

Skaters in these beginning levels perform a one-minute program, set to music. The program should emphasize the required maneuvers for their test level. Tot events are usually for skaters six years or younger. Coaches can help skaters during this event.

Couples Spotlight (Low-Platinum)

Two skaters perform their routine that is entertaining, emotional, or a portrayal of characters using costumes and props (optional).

Jump & Spin (Low-Platinum)

Two skaters enter the ice as a team. The first skater performs a choice of a required jump two times, followed by the second skater performing a choice of a required spin two times.

Stroking

Skaters in Pre Alpha Level through Delta may participate in this event. Skaters will be grouped by level and be on the ice at the same time. Skaters will be asked to stroke in both the clockwise and counter clockwise directions.

Ice Dancing 1-10—Solo

Skaters in the Solo Ice Dancing events must have the appropriate Ice Dancing tests passed and registered.

*See Ice Dancing page to see which patterns will be competed at each level.



All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL 60714.



NEW

4 Person Jump and Spin Event

This new event is meant for groups of skaters to have fun, little coach preparation required, show creativity, and show off each skaters best technical elements.

Skaters enter the ice as a team. The first skater performs their choice of a required maneuver two times, followed by the second skater performing their choice of a required maneuver two times, etc. Only the best attempt of each required element will be judged. Only the technical accuracy of the required jump/spin is judged; difficulty of the chosen element is not considered.

In addition to the teams technical score for elements skated, teams will also get one score for creativity and group choreography that should commence after taking the ice as a team and prior to exiting the ice after all team members have performed their element.

Teams will be allowed 30 seconds before doing their elements and another 30 seconds after completing their elements to show their creativity and group choreography.

Skaters may compete up a level but may not compete down.

The event guidelines and judging criteria will not be found in the ISI Handbook.

Competition Levels

Low (Pre-Alpha—Delta)

Skater 1: 2-Foot Hop or Bunny Hop
Skater 2: Waltz Jump
Skater 3: 2-Foot Spin
Skater 4: Forward Pivot

Medium (Freestyle 1-3/Bronze)

Skater 1: 1/2 Flip or Toe Loop
Skater 2: Waltz Jump or Salchow
Skater 3: 2-Foot or 1-Foot Spin
Skater 4: Pivot (Forward or Backward)

Intermediate (Freestyle 4-5/Silver)

Skater 1: Half Loop or Axel
Skater 2: Flip or Lutz Jump
Skater 3: Sit Spin
Skater 4: Backscratch Spin or Camel Spin

High (Freestyle 6-10/Gold-Platinum)

Skater 1: Dbl Salchow or Dbl Toe Loop
Skater 2: Split Jump or Opposite Jump
Skater 3: Layback or Flying Camel
Skater 4: Flying Sit Spin or Opposite Spin

Questions? Contact Amy Forbes at Aforbes@niles-parks.org or 847-297-8010.



Fun and Exciting **CREATED** events in 2022!!!

*These events are considered a "created event" for this competition.
The event guidelines and judging criteria will not be found in the ISI Handbook.*

Couples Interpretive

Couples Interpretive Levels:

Low: Alpha-Delta: FS 1 and Below maneuvers.

Bronze: FS 1-3/Bronze: FS 4 and Below maneuvers.

Silver: FS 4-5/Silver: FS 6 and Below maneuvers.

Gold: FS 6-7/Gold: FS 8 & Below maneuvers

Platinum: FS 8-10/Platinum: Any maneuvers.

* Levels are the same as couples spotlight.

*The penalty for not following the limitation on moves the skaters perform during the Couples Interpretive event will be the grade of 2.0 Choreography and Pattern.

*Skaters are not allowed to receive communication from instructors, parents, friends, or skaters other than their partner during this event.

*This event will run just as individual interpretive events run, but will be done with a partner.

*Safety is of our greatest concern. If a team is seen doing something during warm-up that the referee or judges deem unsafe, those skaters will be called to the ice door and told they cannot do that particular trick due to it's unsafe nature.

*It is highly recommended that coaches teach their skaters some couples elements or tricks so that they can use them during this event.

*Please refer to the ISI handbook for all Interpretive event rules. All of the same rules will apply to Couples Interpretive.

Ensemble On The Spot!

***Groups of 3 to 7 skaters will sign up as a team. Any level and any age may participate together in this event.**

***Teams should assign a team captain to lead the creative process.**

***Teams will get a piece of music, a box of props, a boom box and 15 minutes in a locker room to come up with a short ensemble routine.**

***Teams will then get on the ice and get a 3 minute warm-up to warm-up any skills they plan to do in their program.**

***Teams will then get their music played for them once on the ice so that they can practice what they have created in the locker room. Other teams may stay on the ice to practice together during this time.**

***Teams will then exit the ice and the event will begin.**

Teams will be judged on the following:

Judges Appeal
Artistic Impression
Choreography and Pattern
Creativity
Interpretation
General Overall

***There will be 3 judges and all will judge all of the criteria. Penalties will not be give for this event.**

*** It is highly recommended that teams practice together before the competition to different types of music and learn tricks that they can do together during the event.**

***Safety is of our greatest concern. If a team is seen doing something during warm-up that the judges deem unsafe those skaters will be called to the ice door and told they cannot do that particular trick due to it's unsafe nature.**

Spread Eagle Event FS 1 and Up

*Skaters should register for this event based on their ISI Open level.

*Skaters will perform any spread eagle (Inside or Outside edge), in any direction.

*Skater will be judged on the spread eagle position and timed for length of time held.

*Skaters will go one at a time.

*There will a short warm-up.

Spirals

*Skaters should register for this event based on their ISI Open level.

*Skaters will perform a **FORWARD** Spiral on any edge.

*Skater will be judged on the spiral position and timed for length of time held.

*Skaters will go one at a time.

*There will a short warm-up.

Spins

*Skaters should register for this event based on their ISI Open level.

*Skaters will perform the designated spin 2 times.

*The best attempt will be judged.

Required Spins by Level

Low (Alpha-Delta) 2 Foot Spin

Bronze-One Foot Spin

Silver—Sit Spin

Gold—Combination Spin with

Change of Foot and Position

(may start with a Flying Camel)

Platinum—Death Drop



2022 Sweetheart Open Entry Form Tot-Delta Levels



38502221

Entries due 1/15/22
Competition Dates: February 12 & 13, 2022

Skaters Information

Skater's Name _____ ISI# _____ Gender (Circle) Female Male

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Age as of 1/15/22 _____ HomePhone _____

Cell _____ Contact E-Mail _____

Primary Coach _____ Coach's E-Mail _____ Coach's Phone _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championships within the last two years? _____ USFS # _____ Highest Test: _____

Tot-Delta Events—(Circle the box for each event) Highest ISI Test: _____

SOLO	SOLO COMPULSORIES	INTERPRETIVE	Character _____ SPOTLIGHT Light Entertainment _____	STROKING
------	----------------------	--------------	---	----------

Per the current ISI handbook, Alpha-Delta skaters can be combined for interpretive, spotlight, and stroking events.

SPIRAL EVENT

SPIN EVENT

Couples Events—(Circle the box for each event)

Jump & Spin Low

Couples Interp Level

Couples

Low (Pre-Alpha-Delta)

Low (Pre-Alpha-Delta)

Partner _____ Partner: _____ Partner: _____

I skate this competition at my own risk for (your rink name): _____

Skater Signature: _____

Parent or Guardian Signature: _____

Skating Director's Verification: _____

Coach's Verification: _____

Coach's ISI Number: _____

Are you an ISI certified judge? _____ Level: _____

Please make checks payable to the Niles Park District.
Do not forget to include your skaters signed waiver and Covid-19 Waiver.

Entry Fees

Single Event Entry \$65—Includes Referee Program Fee
Each Additional Event \$15

First Event \$65.00

Number of Additional Events _____ X \$15 = _____

Spiral Event _____ X \$10 = _____

Stroking Event _____ X \$10 = _____

Total Events _____ Total Amount _____

Credit Card #: _____

Expiration Date: _____

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL. 60714.



2022 Sweetheart Open Entry Form Special Skater



Entries due 1/15/22
Competition Dates: February 12 & 13, 2022

38502221

Skaters Information

Skater's Name _____ ISI# _____ Gender (Circle) Female Male

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Age as of 1/15/22 _____ HomePhone _____

Cell _____ Contact E-Mail _____

Primary Coach _____ Coach's E-Mail _____ Coach's Phone _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championships within the last two years? _____ USFS # _____ Highest Test: _____

Special Skater Events—(Circle the box for each Highest ISI Test: _____

SOLO	SOLO COMPULSORIES	INTERPRETIVE	SPOTLIGHT Character _____ Light Entertainment _____	STROKING
------	----------------------	--------------	--	----------

I skate this competition at my own risk for (your rink name): _____

Skater Signature: _____

Parent or Guardian
Signature: _____

Skating Director's
Verification: _____

Coach's Verification: _____

Coach's ISI Number: _____

Are you an ISI certified judge? _____ Level: _____

Please make checks payable to the Niles Park District.
Do not forget to include your skaters signed waiver and Covid
-19 Waiver.

Entry Fees

Single Event Entry \$65—Includes Referee Program Fee
Each Additional Event \$15

First Event \$65.00

Number of Additional
Events _____ X \$15 = _____

Spiral Event _____ X \$10 = _____

Stroking Event _____ X \$10 = _____

Total Events _____ Total Amount _____

Credit Card #: _____

Expiration Date: _____

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, Il. 60714.



2022 Sweetheart Open Entry Form

Figures and Dance Entry



Entries due 1/15/22
Competition Dates: February 12 & 13, 2022

38502221

Skaters Information

Skater's Name _____ ISI# _____ Gender (Circle) Female Male

Address _____ City _____ State _____ Zip _____

Date of Birth _____ Age as of 1/15/22 _____ HomePhone _____

Cell _____ Contact E-Mail _____

Primary Coach _____ Coach's E-Mail _____ Coach's Phone _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championships within the last two years? _____ USFS # _____ Highest Test: _____

Figure Events/Figure Level

Figure 1	Forward Inside Eight
Figure 2	Forward Outside Three to Center
Figure 3	Right Forward Outside Three
Figure 4	Forward Inside Loop
Figure 5	Backward Outside Loop
Figure 6	LFO One Foot Eight
Figure 7	RFO Paragraph Three
Figure 8	RFO Rocker
Figure 9	RFO Paragraph Loop
Figure 10	LFO Rocker Double Three

Solo Dance Events/Level

Dance 1	Chasse Sequence
Dance 2	Dutch Waltz
Dance 3	Rhythm Blues
Dance 4	Fiesta Tango
Dance 5	Hickory Hoedown
Dance 6	Fourteen Step
Dance 7	Rocket Foxtrot
Dance 8	Killian
Dance 9	Paso Doble
Dance 10	Viennese Waltz

Solo Free Dance Level:

I skate this competition at my own risk for (your rink name): _____

Skater Signature: _____

Parent or Guardian Signature: _____

Skating Director's Verification: _____

Coach's Verification: _____

Coach's ISI Number: _____

Are you an ISI certified judge? _____ Level: _____

Dance and Figure Entry Fees

Single Event Entry—If 1st entry—\$65—Includes Referee Program Fee
As an Additional Event \$15

First Event _____ **\$65.00**

Number of Additional Events _____ X **\$15** = _____

Total Events _____ Total Amount _____

Credit Card # _____

Expiration Date: _____

All entries may be e-mailed to
Aforbes@niles-parks.org or mailed to
8435 W. Ballard Rd. Niles, IL. 60714.



Niles Park District IceLand
41st Annual Sweetheart Open Team
Competition
February 12 & 13, 2022
 Entries due 1-15-2022

Niles Park District
 8435 W. Ballard
 Niles, IL 60714
 Fax: 847-298-5768
 Phone: 847-297-8010

38502221

Name of Team _____ 2021-2022 ISI Team # for Synchro Teams _____

Team Contact _____ Phone # _____ Email _____

ISI Administrative Member Facility Team Represent _____

Team Mailing Address _____ City _____ State _____ Zip _____

Coach _____
 ISI Professional# _____ Ex. Date _____ ISI Certification Level _____
 Phone _____ Email _____

Coach _____
 ISI Professional# _____ Ex. Date _____ ISI Certification Level _____
 Phone _____ Email _____

Team Division:
 Ensemble _____ Synchronized Formation _____
 Team Compulsory Team _____ Synchronized Skating _____
 Production Team _____ Synchronized Dance _____
 Theatre Production Team _____ Advanced Formation Synchronized _____

Synchronized Skating Open _____
 Age Category: (age as of July 1, 2021)
 Tots _____ Jr. Youth _____
 Youth _____ Sr. Youth _____
 Teen _____ Adult _____
 Master _____

CREATED EVENT—ENSEMBLE ON THE SPOT _____

*NEW EVENT: 4 Person Jump & Spin Team: Low _____ Medium _____ Intermediate _____ High _____

This team has competed in a USFS National Event at the Novice or above level in the past 2 years:
 Yes _____ No _____

Team Entry Fees: \$17 per member and an additional \$15 team referee fee. Make checks payable to **Niles Park District**. Entries must be postmarked by January 15, 2022. After January 15, 2022, the entry fee will double and all late entries must be approved by the Competition Director. There are **ABSOLUTELY NO REFUNDS AFTER JANUARY 15, 2022**. \$25 penalty for checks returned by the bank.

Send Registration to the address above or e-mail with payment to Aforbes@niles-parks.org

Total Number of Skaters on Team: _____ X \$17 plus \$15 Team Referee Fee = Total _____

ENSEMBLE ON THE SPOT TEAM FEES—\$17 Per team member.
Total number of skaters on team: _____ X \$17 = _____. ***There will be no D8 Referee fee for this event.***

4 Person Jump & Spin Team: \$68.00 _____ *There will be no D8 Referee fee for this event.*

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL. 60714.



2022 Sweetheart Open Team Entry Form

TEAM NAME _____ **TEAM DIVISION** _____

Skaters Name _____ **ISI #** _____ **Expiration Date** _____ **Age as of 7-1-2021** _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____
23. _____
24. _____

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL. 60714.

ICE-SKATING PROGRAM WAIVER & RELEASE

IMPORTANT INFORMATION



The Niles Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Niles Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for ice-skating activities. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Ice-skating is intended to challenge and engage the physical, mental and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to head injury, neck or back injury, wrist and ankle fractures, and other orthopedic injuries to limbs and joints. All hazards and dangers cannot be foreseen. The very nature of ice-skating is risky, including but not limited to slip and falls, colliding with other players of varying degrees of skill (including being struck from behind), tripping on irregular ice surfaces, cuts from skate blades, inadequate or defective equipment, ill-fitting skates, failure in supervision or instruction, horseplay, carelessness, poor technique, poor conditioning, rule violations, striking a stationary object, premises defects outside the rink, and all other risks inherent to the sport of ice-skating. In this regard, it must be recognized that it is impossible for the Niles Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Niles Park District, including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Date _____

Participant's Name

Participant's Signature (18 years or older or Parent/Guardian)

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.

THIS WAIVER MUST BE RETURNED WITH YOUR COMPETITION ENTRY.

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL 60714.

Covid 19- Waiver



-I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as of result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have as a result of participating in all these programs/activities against the Niles Park District, including its officials, agents, volunteers and employees (here-in after collectively referred as the "District").

-I have read the COVID guidelines above and agree to comply with guidelines as they may be amended from time to time.

-I acknowledge the risk to have contact with individuals, who may have been exposed to and/or have been diagnosed with COVID-19 and it is impossible to eliminate the risk that the participant could be exposed to and/or become infected through contact or close proximity with an individual with COVID-19.

-I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, sickness, illness or loss that my minor child/ward or I may have which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with any programs or activities.

-If registering on-line or via fax your on-line facsimile signature shall substitute for and have the same legal effect as an original form signature.

-Additionally by signing this form, I am certifying that I qualify for the rate charged (i.e. If resident rate was charged, I am/my children are residents of the Niles Park District). If this is proven untrue, I realize that my park district privileges may be suspended or revoked.

-Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's publications.

-I have read and fully understand the above warning or risk assumption of risk and waiver and release of all claims.

PLEASE PRINT Participant's Name _____

Participant's Signature _____ (18 years or older or Parent/Guardian)

DATE _____

**Questions? Contact Amy Forbes
at Aforbes@niles-parks.org or 847-297-8010.
Please make checks payable to the Niles Park District.
Do not forget to include your skaters signed waiver and Covid-19 Waiver.**

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL 60714.



Compulsory Skills

In the compulsory event, skaters perform three pre-selected maneuvers in any order in a pre-choreographed program with a minimum number of connecting steps between each maneuver. Only the first attempt of each maneuver is judged. Tots through Freestyle 5 are limited to one minute. Freestyle 6 through Freestyle 10 are limited to one minute and thirty seconds. Tots through Freestyle 5 will use half of the ice; Freestyle 6-10 will use the full ice.

Note: Penalties will be given for not following limitations on moves or performing an incorrect maneuver.

Note: There is no penalty given for the quantity of swizzles, wiggles, strokes or crossovers in the Tot-Beta levels. Only the quality of these maneuvers is judged.

The following compulsory maneuvers are in each level of competition:

Tot 1—Marching in Standing Position, Proper Way to Fall, Proper Way to Get Up

Tot 2—Two-Foot Jump In Place, Forward Swizzle Standing Still, Beginning Two-Foot Glide

Tot 3—Push & Glide Stroking, Dip, Forward Swizzle

Tot 4—Backward Swizzle, Two Foot or One Foot Snowplow Stop, Backward Wiggle

Pre Alpha—One Foot Glide, Forward Swizzle, Backward Swizzle

Alpha—Forward Stroking, Left Over Right Forward Crossovers, One Foot Snowplow Stop

Beta—Backward Stroking, Left T-Stop, Left Over Right Backward Crossovers

Gamma—Hockey Stop, Right Forward Outside Three Turn, Left forward Inside Open Mohawk Combination

Delta—Left Forward Inside Three Turn, Forward Inside Edges, Lunge or Shoot the Duck

FS 1—Forward Spiral, Two-Foot Spin, Waltz Jump

FS 2—One Foot Spin, One Half Lutz, Jump Combination-Waltz Jump, Tap Toe, Half Flip

FS 3—Change Foot Spin, Toe Loop Jump or Toe Walley Jump, Salchow Jump

FS 4—Sit Spin, Flip Jump, One Half Loop Jump

FS 5—Camel-Sit-Upright Spin, Axel Jump, Lutz Jump

FS 6—Spin Combination w/ 3 positions and a change of foot, Double Salchow Jump, Split Jump

FS 7—Spin Combination with Change of Foot and Position, Double Toe loop Jump, Right Forward Inside Counter; Left Forward inside Counter; Left Back Inside Rocker; Dance Step Sequence

FS 8—Camel Jump Camel Spin, Double Loop Jump, Left Backward Inside bracket; Dance Step Sequence

FS 9— Flying Camel Spin into a Jump Sit Spin, Double Lutz Jump, Double Axel

FS 10—Death Drop, Triple Edge Jump, Double Axel/Double Toe Loop Jump Combination

Special Skater Compulsory Maneuvers

Special Skater 1 - Fall, Get Up, March In Place

Special Skater 2 - F-Swizzle, Two-Foot Glide, Teapot dip)

Special Skater 3 - F- Swizzles, Scooter Push, B- Wiggles

Special Skater 4 - T-position Push, One Foot Swizzles, Forward Crossovers Standing Still

Special Skater 5 - Forward stroking, Snow Plow Stop, R-over-L Forward Crossovers

Special Skater 6 - Two Foot Turn F to B, F -One Foot Glide on a Curve, L- One Foot B-Swizzles

Special Skater 7 - B-Stroking, Choice of Stop, L-over-R B Crossovers

Special Skater 8 - R-F-I- Mohawk, L-F-I-Mohawk, RBO Edge on a Curve

Special Skater 9 - R-F-O- Three Turn, L-F-O-Three turn, Choice of Stop

Special Skater 10 - Bunny Hop, Lunge, L-F-I-Three Turn

All entries may be e-mailed to Aforbes@niles-parks.org or mailed to 8435 W. Ballard Rd. Niles, IL. 60714.



Figures Skills

Figure 1	Forward Inside Eight
Figure 2	Forward Outside Three to Center
Figure 3	Right Forward Outside Three
Figure 4	Forward Inside Loop
Figure 5	Backward Outside Loop
Figure 6	LFO One Foot Eight
Figure 7	RFO Paragraph Three
Figure 8	RFO Rocker
Figure 9	RFO Paragraph Loop
Figure 10	LFO Rocker Double Three



Dance Skills

Dance 1	Chasse Sequence
Dance 2	Dutch Waltz
Dance 3	Rhythm Blues
Dance 4	Fiesta Tango
Dance 5	Hickory Hoedown
Dance 6	Fourteen Step
Dance 7	Rocket Foxtrot
Dance 8	Killian
Dance 9	Paso Doble
Dance 10	Viennese Waltz



Judge Inquiry Form



Complete this form and mail to:

Niles IceLand
8435 W. Ballard Rd.
Niles, IL 60714
Attention: Amy Forbes

Name _____

Home Rink _____

Address _____

Phone _____ E-Mail _____

City _____ State _____

Zip _____

Check the following divisions in which you are qualified to judge:

Alpha-Delta _____ FS 1 thru FS 5 _____ FS 6 and Up _____

Footwork _____ Music Interpretation _____

Team Compulsories _____ Synchronized Skating _____ Production _____

Have you ever judged at any other ISI Team Competitions? _____

Are you a current ISI Professional Member? _____ ISI Number _____

Are you an ISI Certified Judge? _____

If so, what level?

Coach's Signature _____